AMENDMENTS TO THE CLAIMS:

This listing of the claims will replace all prior versions, and listings, of drawings in the application.

Listing Of Claims:

1. (Currently Amended) A method of dispensing at least one solid dosage form comprising the steps of:

opening a resealable container and lid assembly, wherein the container comprises a reservoir for storing solid dosage forms and an opening for dispensing individual solid dosage forms; the opening further comprises an elastomeric seal that is at least partially located circumferentially around the opening; the lid <u>assembly</u> comprises a plug that is integrally attached to an inner portion of the lid <u>assembly</u> and the lid <u>assembly</u> consists of a hinge attached to the container that functions to rotate the lid <u>assembly</u> at one pivot point;

dispensing at least one solid dosage form from the reservoir of the container and through the opening;

applying a sufficient pressure upon an outer portion of the lid <u>assembly</u> so that the plug engages the elastomeric seal of the opening;

maintaining the sufficient pressure by a securing mechanism located on both the container and the lid to form a substantially moisture-tight seal between the plug and the elastomeric seal of the opening;

opening the resealable container and lid assembly by removing the sufficient pressure; dispensing at least one solid dosage form the reservoir of the container and through the opening;

again applying a sufficient pressure upon an outer portion of the lid <u>assembly</u> so that the plug engages the elastomeric seal of the opening; and

maintaining the sufficient pressure by a securing mechanism located on both the container and the lid to form a substantially moisture-tight seal between the plug and the elastomeric seal of the opening.

2. (Currently Amended) The method of claim 1 wherein, when the plug engages the elastomeric seal, a top portion of the plug contacts the a top portion of the elastomeric seal.

- 3. (Original) The method of claim 1 wherein, when the plug engages the elastomeric seal, at least a portion of the plug passes through the opening such that an outer side portion of the plug contacts at least partially a portion of the elastomeric seal.
- 4. (Currently Amended) The method of claim 1 wherein the opening further comprises a foil that at least covers the opening and, when sufficient pressure is applied upon an outer portion of the lid <u>assembly</u>, the plug engages the foil of the opening to form a foil seal.
- 5. (Original) The method of claim 1 wherein a moisture-tight seal is formed.
- 6. (Original) The resealable method of claim 1 wherein the plug and the container are composed of similar material.
- 7. (Original) The resealable method of claim 1 wherein the plug and the container are composed of different material.
- 8. (Currently Amended) The resealable method of claim 1 wherein the lid <u>assembly</u> is integral with the container and comprises a living hinge with the container.
- 9. (Original) The resealable method of claim 1 wherein the sealing mechanism comprises a plug having two distinct movements to release in order to create a child resistant package.
- 10. (Original) The resealable method of claim 1 wherein the solid dosage forms are diagnostic test strips.
- 11. (Original) The resealable method a dispenser of claim 1 wherein the solid dosage forms are selected from the group consisting of Gel Cap dosages, coated tablets, edible films, lozenges, effervescent tablets, compressed tablets, fast melt tablets, liquid filled beads, capsules, and pouches.
- 12. (Canceled)

- 13. (Currently Amended) The resealable method of claim 1 wherein the lid <u>assembly</u> of the dispenser catches and holds the solid dosage form.
- 14. (New) The resealable method of claim 1, wherein the elastomeric seal extends inward, toward an interior region of the container.
- 15. (New) The resealable method of claim 14, wherein the elastomeric seal has an outer surface located exterior to the container, and an inner surface, located interior to the container, and the plug contacts the exterior surface of the elastomeric seal.
- 16. (New) The resealable method of claim 14, wherein the elastomeric seal extends in a direction towards a center of the opening and an interior region of the container.
- 17. (New) A method of dispensing a single solid dosage form comprising the steps of:
 providing a resealable container and plug assembly comprising a container having a
 reservoir for storing solid dosage forms, an opening dimensioned for dispensing individual ones
 of the solid dosage forms, a plug that closes the opening, and an elastomeric seal that is at least
 partially located around a perimeter of the opening;

dispensing a single solid dosage form from the reservoir of the container and through the opening;

applying a sufficient pressure upon an outer portion of the plug so that the plug engages the elastomeric seal of the opening in an interference fit; and

maintaining the sufficient pressure to maintain the interference fit and form a substantially moisture-tight seal between the plug and the elastomeric seal of the opening.

18. (New) A method of dispensing a single solid dosage form comprising the steps of:
providing a resealable container and plug assembly comprising a container having a
reservoir for storing solid dosage forms, an opening dimensioned for dispensing individual ones
of the solid dosage forms, a plug that closes the opening, and an elastomeric seal that is at least
partially located around a perimeter of the opening;

removing the plug from the opening to open the resealable container and plug assembly

and simultaneously actuate a dispensing operation whereby a single solid dose is dispensed from the reservoir of the container and through the opening;

replacing the plug over the opening and applying a sufficient pressure upon an outer portion of the plug so that the plug engages the elastomeric seal of the opening in an interference fit; and

maintaining the sufficient pressure to maintain the interference fit and form a substantially moisture-tight seal between the plug and the elastomeric seal of the opening.